

Name	BWt (Kg)	WtCls (Kg)	Best Squat	Best Bench	Best Deadlift	PL Total	Coeff Score	Age & Coeff
<u>FEMALE 60KG</u>								
Phetolo Mankge	58.7	60	85	30	105	220	399.608	431.57664
<u>FEMALE 67,5KG</u>								
Sonja de Waal	65.2	67.5	140	110	160	410	687.734	801.21011
<u>MALE 60KG</u>								
Karabo Manamela	59	60	140	65	170	375	547.5	618.675
Tshepang Ramodika	59	60	60	45	90	195	284.7	364.416
<u>MALE 75KG</u>								
Steve Rose	74	75	140	85	180	405	458.46	458.46
<u>MALE 82.5KG</u>								
Eckhard Briedenhann	82.2	82.5	255	155	250	660	680.856	680.856
Kobus Bester	78.9	82.5	195	165	220	580	618.976	0
Martin Nel	80.4	82.5	160	130	200	490	514.108	0
Franco Steenkamp	81.9	82.5	185	105	200	490	507.052	547.61616
Christiaan van der Walt	80.1	82.5	140	130	180	450	473.76	473.76
<u>MALE 90KG</u>								
Wesley van Zyl	89.9	90	230	160	250	640	620.416	620.416
Julian Chausse	88.7	90	200	160	250	610	596.702	596.702
Marcus Sapire	87.6	90	215	135	215	565	557.203	557.203
Morgan Mabunda	90	90	170	132.5	240	542.5	525.6825	525.6825
Brendon Marsh	87.7	90	190	115	220	525	517.335	517.335
Dewald van Deventer	89.9	90	160	160	190	510	494.394	494.394
Andile Maxam	89.9	90	100	85	160	345	334.443	354.50958
Spesihle Dalasile	89.5	90	0	60	180	0	0	0
<u>MALE 100KG</u>								
Ray Dangor	99.7	100	300	172.5	300	772.5	707.7645	707.7645
Garth Homan	99.4	100	280	160	280	720	660.528	673.73856
Michael Barnard	93.6	100	245	145	285	675	637.605	637.605
Johan Steenkamp	95.4	100	220	145	240	605	565.312	596.40416
Marc Xanthides	97.4	100	220	130	220	570	527.478	635.083512
Stoffel de Villiers	90.8	100	0	130	0	0	0	0
<u>MALE 110KG</u>								
Shaun Roos	109.5	110	280	165	280	725	642.35	642.35
Donavin Hawkey	102.3	110	220	180	315	715	648.362	648.362
Richard Wentworth	108.1	110	240	190	240	670	596.032	596.032
Adam Connock	106.8	110	200	140	260	600	535.68	0
Robert Kennedy	108.5	110	0	0	0	0	0	0
<u>MALE 125KG</u>								
Craig Masson	110.7	125	180	175	245	600	529.8	0
Louis Ferreira	123.5	125	200	140	255	595	511.7	511.7
Colin du Bruyn	118.4	125	180	160	230	570	493.848	0
<u>MALE 140KG</u>								
Kane Prinsloo	132	140	220	212.5	260	692.5	587.9325	0
<u>MALE SHW</u>								
Michael Snooke	162	SHW	175	140	260	575	473.225	0